

# Farming with Arthritis



## Purpose

Arthritis is a disease common to older adults and especially Ohio farmers due to high-risk work demands. Arthritis impacts one's health, quality of life, and economic livelihood. The purpose of our project is to encourage arthritis prevention and management efforts.

## Impact

Arthritis screening tool for farmers developed, revised, and tested over the past four years and shared with Extension agents in seven states.

Training manuals developed and disseminated to OSU Extension educators to replicate project.

Over 1,000 Ohio and Kentucky farmers and rural older adults screened. A majority had minimal-moderate risk for arthritis and were encouraged to contact local healthcare providers.

Seventy-five students from OSU and Shawnee State learned about health problems of rural older adults and trained to administer screenings.

National webinar reached rural Extension educators and healthcare professionals to train them about preventing and managing arthritis.

## Contact

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## Ohio State Colleges/Units Involved

College of Medicine  
Wexner Medical Center  
Occupational Therapy  
Pharmacy  
OSU Extension

## Community Partners Involved

Shawnee State University  
Southern Ohio Medical Center  
Berger Health Systems

